



NEWS RELEASE

FOR IMMEDIATE RELEASE

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Four is the Magic Number

Franklin, TN - All it takes is four. Four parents of multiples who team up together online or in their local community can then become a Multiples of America member club. That's the message Multiples of America is sending this year as it works to increase its impact in local communities across the nation.

A support group for parents of twins, triplets, and more, Multiples of America (also known as the National Organization of Mothers of Twins Clubs, Inc.) was established in 1960. Since then, it's been a lifeline for more than half a million parents by centering services around the cornerstones of education, research, and support. Member clubs receive access to informational materials and publications about parenting multiples. They join in research studies about aspects of parenthood. They apply for grants from the organization's endowment fund and receive specialized support from other parents who've "been there, done that."

Plus, in a world of quick, AI-generated answers, club membership provides something that stands through time — the chance to grow friendships, according to Bea Reynolds, a past president of the organization.

"Yes, you get education and resources, but the biggest thing you get out of membership in this organization is friendship," she said, "and you can always use another friend."

Clubs can involve both moms and dads of twins, triplets or more. They come in all sizes, ranging in number from four to nearly 200 members, and include parents who are expecting, diapering newborns, navigating the toddlerhood years and all the way through adulthood. Each club sets their own guidelines for meetings and what activities and support services they offer based on the needs of their members.

Multiples of America also offers support specific to club needs: Tip sheets on management, workshops on building leadership skills, downloadable posters and brochures for marketing. Plus, there is personalized assistance for those interested in forming a club.

All it takes is four to tap into all that, and if a parent of multiples happens to live in an area where four is not possible, Multiples of America offers a direct membership option.

Contact the Multiples of America Executive Office at info@multiplesofamerica.org for more information on starting a club, club membership, or direct membership.

Multiples of America (also known as the National Organization of Mothers of Twins Clubs, Inc.) is a 501 (c) 3, non-profit organization dedicated to supporting families of multiple birth children (twins, triplets and higher-order multiples) through support, education, and research. Contact our Executive Office, at info@multiplesofamerica.org for more information.