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Parenting Multiples: Discipline & Identity

Spend an evening with Dr. Barbara Klein and Dr. Margot Lewis for a free-flowing discussion about some of the unique challenges of parenting multiples.

Discussion centered around topics such as:

- classroom separation of multiples
- identity in adult multiples
- competition between multiples
- keeping things “fair”

“Twins can feel alone. Their twinship sets them apart. Most of their friends aren’t twins, and there’s not common understanding of the differences in development that they will encounter,” explained co-presenter Dr. Margot Lewis.

Dr. Klein is an educational consultant who has done extensive research on the development of twin identity. She is the author of 10 books in the area of psychology and education including Raising Gifted Kids, Alone in the Mirror: Twins in Therapy; and Not All Twins Are Alike.

Dr. Lewis, founder of Twinsight Therapy, is a licensed psychologist in Colorado and Virginia and board certified in Neurofeedback. As an identical twin, she is also one of the few psychologists who specializes in twin and multiple psychology and guidance around complex twin and multiple relationship issues.

This zoom forum was held June 8, 2026.

<https://us02web.zoom.us/rec/share/EsbNhn75bvbZB5b5bbiGpVag-PxNVvPHp-z8cgzYiaZVeOZaUd7lBYV7EawvDpUn.A64fwAELzIXO2WBd?startTime=1780964498000>

Passcode: %#EEW2FZ

Click on the link below to listen in.

Enjoy!

Email us at info@multiplesofamerica.org with questions or comments.

Look on our homepage to register for an upcoming Zoom Connect.

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CONNECTING + SUPPORTING MULTIPLE BIRTH FAMILIES

(Also known as the National Organization of Mothers of Twins Clubs)