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### **Two Hearts, Two Paths: Honoring Connection and Individuality in Twins from the Toddler Years and On**

Raising twins comes with “Lessons & Blessings.” It’s both joyful and demanding, and many parents find themselves navigating questions about closeness, individuality, rivalry, and fairness. This Connect offers a compassionate space to understand these dynamics without judgment. Grounded in clinical experience and research on twin development, the Zoom Connect explores topics such as:

- The “Twin Bubble,”
- Rivalry,
- The Arc of Separation, and
- The Three Identities of Twinship.

*Liana Kupferman, a licensed marriage and family therapist in private practice, with over 20 years of clinical experience dedicated to twins and families with multiples, leads the Connect. Liana specializes in family and relational therapy and has conducted research on twin relationships across the lifespan. She is part of an academic and professional twin research network in Brazil and coordinates international case discussion and study groups focused on twin dynamics, supporting clinicians and families in understanding the emotional and developmental complexities of twinship.*

This zoom forum was held April 30, 2026.

Click on the link below to listen in.

[https://us02web.zoom.us/rec/share/3f2Ec4UXmSCQTBvPV0MbZCmChk7cU0ulilpn8YZX3GjV\\_KAE9cONBvOrOkh2VtA.7LzOC0BmaBzDCL9a?startTime=1777596007000](https://us02web.zoom.us/rec/share/3f2Ec4UXmSCQTBvPV0MbZCmChk7cU0ulilpn8YZX3GjV_KAE9cONBvOrOkh2VtA.7LzOC0BmaBzDCL9a?startTime=1777596007000)

Passcode: &ek#5@XP

**Enjoy!**

Email us at [info@multiplesofamerica.org](mailto:info@multiplesofamerica.org) with questions or comments.

Look on our homepage to register for an upcoming Zoom Connect.

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**CONNECTING + SUPPORTING MULTIPLE BIRTH FAMILIES**

*(Also known as the National Organization of Mothers of Twins Clubs)*