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What Twin Relationships Tell Us about Other Social Connections

Twins offer insight about how our genes and environment interact to make us who we are. Psychologists and other researchers know that. Now Nancy Segal, PhD, a professor of psychology and director of the Twin Studies Center at California State University, Fullerton, is digging into “What Twin Relationships Tell Us about Other Social Connections.”

Dr. Segal shares stories of twins she’s interviewed in her research, and details some of her studies involving identical twins, fraternal twins, and triplets. She explains how information gained during her research offers insight into who we are most likely to form friendships with or which co-workers we will best connect with.

Dr. Segal is the author of nine books, two in progress, and over 300 articles and chapters focused on the lives of twins and the multiple experience.

This zoom forum was held March 9, 2026.

Click on the link below to listen in.

https://us02web.zoom.us/rec/share/FRhLfoegEpZR_xkLP-rwcqoskYIFDDyonnLFViuJt-wT9YLpP8TmjjUMsNyC93CA.IMWI44HH71n13jWX?startTime=1773101151000

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Enjoy!

Email us at info@multiplesofamerica.org with questions or comments.

Look on our homepage to register for an upcoming Zoom Connect.

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CONNECTING + SUPPORTING MULTIPLE BIRTH FAMILIES

(Also known as the National Organization of Mothers of Twins Clubs)