



support
education
research

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“Zoom Connect” for April 2026

Each month, Multiples of America, also known as The National Organization of Mothers of Twins Clubs, Inc., (www.multiplesofamerica.org), hosts a Zoom webinar on a different multiple-related topic. These unique opportunities allow for connections between fellow parents of multiples and clubs around the country. Don't miss out on this fantastic opportunity to connect, learn, and grow together!

Here's what we're planning for April:



EVENT: “*Two Hearts, Two Paths: Honoring Connection and Individuality in Twins from the Toddler Years and On*” discussion led by Liana Kupferman, licensed marriage and family therapist.

Raising twins comes with “Lessons & Blessings.” It's both joyful and demanding, and many parents find themselves navigating questions about closeness, individuality, rivalry, and fairness. This Connect offers a compassionate space to understand these dynamics without judgment. Grounded in clinical experience and research on twin development, the Zoom Connect will explore:

- loyalty,
 - comparison,
 - cooperation, and
 - differentiation
- as natural parts of twin relationships.

In short, we're inviting parents to see how the complexities of twin life can also hold some of its most meaningful blessings.

Liana Kupferman, a licensed marriage and family therapist in private practice, with over 20 years of clinical experience dedicated to twins and families with multiples, will lead the Connect. Liana specializes in family and relational therapy and has conducted research on twin relationships across the lifespan. She is part of an academic and professional twin research network in Brazil and coordinates international case discussion and study groups focused on twin dynamics, supporting clinicians and families in understanding the emotional and developmental complexities of twinship.

DATE: Thursday, April 30, 2026

TIME: 7:30 PM Central (8:30 PM Eastern, 6:30 PM Mountain, 5:30 PM Pacific)

LOCATION: remote via Zoom

Please visit Multiples of America's Zoom Connect page on their website and fill out the registration form to RSVP for this event: <https://www.multiplesofamerica.org/zoom-connects>. Once we receive your registration request, an email or text (if you choose) will be sent to you with the Zoom link to the webinar. Registration ends April 28, 2026.

For more information, please email info@multiplesofamerica.org.

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CONNECTING + SUPPORTING MULTIPLE BIRTH FAMILIES

(Also known as the National Organization of Mothers of Twins Clubs)