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Incidence of Multiple Births and Birth Types

The rate of identical twins is constant at approximately 4 for every 1,000 births. It is remarkable that the incidence of identical twins remains the same no matter where a person lives, and it has remained the same throughout history.

The rate of fraternal twins, on the other hand, can change depending on where a person lives, the mother's age, and other factors. Fraternal twins account for the differences in the twin rate, the fraternal rate being approximately 23 in every 1,000 births around the world. Any given birth of twins would have a better chance of being fraternal twins, as there are two-thirds more fraternal (dizygotic) twins than identical (monozygotic) twins.

However, your own chance of having either identical or fraternal twins depends on your personal history, age, race, and many other factors.



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CONNECTING + SUPPORTING MULTIPLE BIRTH FAMILIES

(Also known as the National Organization of Mothers of Twins Clubs)