

Local Event/s Ideas for National Multiple Birth Awareness Month

- This year's Multiple Birth Awareness theme is "Multiple Blessings – Multiple Lessons to Learn: "Lessons & Blessons". Participate in member discussions by going to Multiples of America's Instagram and/or Facebook social media groups (*links below*), and either do a search for #MultipleLessons&Blessons or click on the pinned posts (*Facebook*) and/or "Lessons & Blessons" graphic (*Instagram*), and share your story to each thread posted about different experiences we, as parents of multiples, have faced with our children and ourselves.

Instagram: <https://www.instagram.com/multiplesofamerica>

Facebook: <https://www.facebook.com/groups/MultiplesofAmericaMembersOnly>

- Schedule a picnic or park day and invite members, prospects, media, and community leaders to create a photo opportunity. Utilize the Media Notification document located in the Toolkit to send to your local media outlets.
- Create a mini-fair at a club meeting, mall, school, or other public area. Research the various support services in your community that help multiples and have them work at tables during the event.
- Contact a local bookstore to display a table of multiple-related books and story time for children.
- Conduct a multiples panel and invite the public to attend to hear first-hand what it is like to be a multiple.
- Be a guest speaker at other community events, such as Parent Teacher Organization meetings, local hospitals, or other community support organizations for families.
- Distribute Multiples of America's informational materials at community locations and events.
- Create care baskets for parents with newborn multiples and deliver to local hospitals/pediatricians' offices.
- Support Multiples of America April fundraising campaign, Support Starts Here: Growing Stronger Together. One Way: We're challenging each club to donate \$26.00!



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CONNECTING + SUPPORTING MULTIPLE BIRTH FAMILIES

(Also known as the National Organization of Mothers of Twins Clubs)