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Dawn Keller
Executive Director

info@multiplesofamerica.org

www.multiplesofamerica.org

Navigating the Holidays with Multiples

We're told the holidays are supposed to be magical... but when you're parenting multiples, they often feel more exhausting than magical — like an obstacle course you're just trying to get through while still feeling the pressure to somehow make it "special."

This Zoom Connect was a chance to learn some practical ways to handle the holiday chaos and lower the pressure.

Strategies shared included ways to:

- Release the pressure for "perfect" picture, "perfect" tree, "best ever" holiday celebration and focus on what matters most to your family.
- Enjoy parts of the season — even in the middle of the chaos.

This zoom forum was held December 10, 2025.

Click on the link below to listen in.

<https://us02web.zoom.us/rec/share/i0XpD35XsyhLzuRVrs5i3JtnvFtwgu0GGPT3Zn6VVY3wdEQyl63HD-Zeup7VUX4p.mSOtXP27FRL6AyLf?startTime=1765465072000>

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Enjoy!

Email us at info@multiplesofamerica.org with questions or comments.

Look in the Members' Only section to register for an upcoming Zoom Connect.

Executive Office: 2000 Mallory Lane, Suite 130-600, Franklin, TN 37067-8231

E-Mail: info@multiplesofamerica.org **Web Site:** www.multiplesofamerica.org

CONNECTING + SUPPORTING MULTIPLE BIRTH FAMILIES

(Also known as the National Organization of Mothers of Twins Clubs)