



support
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Dawn Keller
Executive Director

info@multiplesofamerica.org

www.multiplesofamerica.org

MULTIPLES OF AMERICA FREQUENTLY ASKED QUESTIONS

If you do not find what you are looking for in our FAQ, please contact the Executive Office at info@multiplesofamerica.org.

SUPPORT SERVICES

Higher Order Multiples

I just found out I'm having triplets! Now what?

Congratulations! Multiples of America has a double-sided flyer that offers information and resources specific to higher order multiples. The flyer can be viewed or downloaded from the Expectant Parents toolkit in the Members' Only section of our website. Members who have higher order multiples can connect by joining the online Facebook group, <https://www.facebook.com/groups/MultiplesofAmericaHigherOrder>

Multiples of America also provides one-on-one support for members who are parents or expectant parents of triplets, quads, or more. Contact our Executive Office at info@multiplesofamerica.org to get connected.

You can also check with your local club to see what services and supports they offer.

Bereavement

A member of our club just lost one of her twins. How can Multiples of America help us provide support?

We are sorry for your loss and hope that our support and resources can offer some comfort. Multiples of America has a brochure that offers information and resources specific to bereavement. The brochure can be viewed or downloaded from the Members' Only section of our website. You can also check into the bereavement resources developed by one of our sister international organizations, TwinsTrust: <https://twinstrust.org/bereavement/support/resources.html>

One-on-one support is offered for members who have experienced loss of one or more children or family members. Contact our Executive Office at info@multiplesofamerica.org to get connected.

Members or clubs can also share information about the loss through our bi-monthly newsmagazine, *Multiple Connections*, and as a part of a memorial service held in conjunction with our annual meeting. Contact our Executive Office at info@multiplesofamerica.org to find out how to arrange for those notices and honors.

Special Needs

I've heard that Multiples of America offers special needs support. What does that mean?

Parenting children with special needs, whether those are physical, developmental, behavioral, or emotional and sensory-impaired, comes with a unique set of joys and challenges. Having added support can be a help in navigating the journey.

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Multiples of America also provides one-on-one support for members who are parents of special needs children. Our partnerships with organizations, such as The TAPS Foundation and Fetal Health Foundation, offer a ready resource for expectant mothers who are facing complications during the pregnancy or immediately after. Contact our Executive Office at info@multiplesofamerica.org to get connected during pregnancy, just after birth, or as the years go by.

You can also join in our Multiple Match program or check with your local club to see what services and supports they offer.

Single Parents

What services does Multiples of America have for single parents with multiples?

Multiples of America provides one-on-one support for single parents. Contact our Executive Office at info@multiplesofamerica.org to get connected.

You can also join in our Multiple Match program or check with your local club to see what services and supports they offer.

LGBTQIA+ Support

What connections does Multiples of America offer for LGBTQIA+ parents with multiples?

Multiples of America provides one-on-one support for LGBTQ+ parents. Contact our Executive Office at info@multiplesofamerica.org to get connected.

You can also join in our Multiple Match program or check with your local club to see what services and supports they offer.

MULTIPLES OF AMERICA WEBSITE

Members Only Website

I don't know the Members Only username and password. How do I get it?

The user name and password change annually on December 15. To get the password, please check with your club's National Representative or email our Executive Office at info@multiplesofamerica.org

Where Do I Find...

The bylaws and standing rules:

<https://multiplesofamerica.org/members-only-center/>

The application for the Marge Ainsworth Scholarship Fund:

<https://multiplesofamerica.org/ainsworth-scholarship/>

Information about donating to the EDGE Endowment Fund:

<https://multiplesofamerica.org/edge-fund/>

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Information about Multiples of America's Group Exemption benefit for clubs:

<https://multiplesofamerica.org/groupexemption/>

The link to the form to complete to become a National Worker volunteer:

<https://www.surveymonkey.com/r/9Y737LZ>

SUPPORT FOR LOCAL CLUBS

What is a National Representative and how do they help my club?

A National Representative provides a special connection between your club and Multiples of America. Some communications from our Executive Office are emailed out to all members; other communications are sent only to your club's two contacts, the President and your National Representative. These communications sent to National Representatives include three April membership mailings, *Club Connections*, *Club Helpline*, and other emails. The National Representative is then asked to share the information from these emails and publications with all club members. So if you have a question about Multiples of America's services or benefits, check in with your club's National Representative; you can also always email our Executive Office at info@multiplesofamerica.org with any questions you have.

How can I learn more about other clubs: What supports and activities they offer members and what challenges they are facing?

Multiples of America has several club programming resources available in the Members' Only Center of the website, <https://multiplesofamerica.org/members-only-center/>, including a member-exclusive Building a Dynamic Club toolkit. Additional resources and brochures specific to club management are in development.

Club Helpline is a newsletter that features articles specific to club management and leadership as well as organizational news. Each issue of the newsletter is emailed to all club Presidents and National Representatives, but all members can access the publication in the Members' Only section of the website.

Some of the Zoom Connects also offer a chance for clubs to share and brainstorm together.

Multiples of America Leadership Sharesop Facebook page also offers a forum for discussion on topics related to club management, as well as an avenue for organizational information. If you are a club officer and have a question about challenges your club is facing, try an online chat with fellow members at:

<https://www.facebook.com/groups/moaleadersheshop>

Multiples of America can also provide individualized technical assistance for your club through our board and National Worker volunteers. Contact our Executive Office at info@multiplesofamerica.org to get connected.

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CONNECTING + SUPPORTING MULTIPLE BIRTH FAMILIES

(Also known as the National Organization of Mothers of Twins Clubs)



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MULTIPLES OF AMERICA'S NEWS MAGAZINE

Does Multiples of America still have an organizational publication?

Multiples of America publishes a bi-monthly newsmagazine for members called *Multiple Connections*. The publication includes articles about clubs, members and their families as well as organizational news. It is emailed to each member and can be accessed only in the Members' Only section of the website at:

<https://multiplesofamerica.org/multipleconnections/>

EDUCATING MULTIPLE BIRTH CHILDREN

The principal at my children's school wants to place my twins into separate classrooms. I know they would learn better if they could be in the same classroom. Does Multiples of America have any research or materials on classroom placement?

Multiples of America has several materials specific to education of multiple birth children. Our position paper, "Guidelines for the Education of Multiple Birth Children," is available in brochure or handout formats. The booklet, *Placement of Multiple Birth Children in School*, can be downloaded as a .pdf or accessed in an interactive format. There is also a narrated presentation on *Handling School Issues*. All are available in the Members' Only section of our website.

Multiples of America Members' Only Facebook page also offers a forum for discussion on topics related to parenting multiples, as well as an avenue for information. If you have a specific question or concern about school placement, try an online chat with fellow members at: <https://www.facebook.com/groups/MultiplesofAmericaMembersOnly>