



NEWS RELEASE

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‘Connecting in Kentucky’ Offers Bridge to New Skills, Learning for Parents of Multiples

Franklin, TN – Parents of multiples from across the United States are planning on “Connecting in Kentucky” this summer for the Multiples of America annual convention. The convention, which will be held July 25-27 at The Brown Hotel in Louisville, offers parents a chance to learn new parenting skills, collect ideas about chapter leadership, and foster relationships of support.

Keynote Speaker, Graham Shelby, will focus his remarks on lessons learned through parenting. Shelby connects people through his storytelling and as the father of triplets, he has tales to tell times three!

A native of Kentucky, Shelby has worked with NPR, *A Prairie Home Companion*, and *The Moth Radio Hour*. His one-man show *The Man on TV* recounts the story of first seeing his birth father, who was a Green Beret, on TV, then meeting him. He is also the director of the 2021 documentary, “City of Ali.”

Workshop presenters and a poster presentation will unlock more connections to new skills, ideas, and personal healing.

- Lynda Snedeker, Market Partner with Texas Roadhouse, will share ways to build legendary leadership skills.
- Ali Dunn, founder of MeTwo Books and mother of identical twins born at 28 weeks, will help attendees unlock the “How to be a Career Competent Parent.”
- Melodie Wisniewski, Master Sound Healing and Reiki Master Practitioner, will immerse attendees in ways sound can lead to healing or improved well-being.
- A book club, led by Susan Griffith, a family practice MD and a parent of twins, will examine how humor can help pave a new way when life upends your plans.
- A poster presentation about the internationally recognized Louisville Twin Study will trace the timeline of the research as well as some of its conclusions about child development.

Check the Multiples of America website, www.multiplesofamerica.org, to find out more about all the learning and fun events scheduled during this annual convention. Registration is open to both members and nonmembers.

Multiples of America (also known as the **National Organization of Mothers of Twins Clubs, Inc.**) is a 501 (c) 3, non-profit organization dedicated to supporting families of multiple birth children (*twins, triplets and higher-order multiples*) through support, education, and research. *Founded in 1960, the organization serves nearly 6,000 members in more than 130 clubs across the country. For more information about the organization, its services, and benefits, contact our Executive Office, at info@multiplesofamerica.org*