



NEWS RELEASE

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Research Delivers Surprising Results

Franklin, TN – We’ve seen it in movies, like “The Parent Trap.” A loving couple rejoices in joy as they bring home their newborn multiples, then watches their relationship crumble under the stresses of sleepless nights and crying babies. Then years later, those same identical twins switch places to fool their parents and peers. Does it happen in real life? Multiples of America’s organizational research studies have uncovered some surprising answers.

Multiples of America provides information about multiples and the challenges of parenting multiples through its organizational research studies. Over the span of six decades, the research studies have focused on topics such as post-partum depression, marriage and multiples, early intervention services, financing college, and so much more.

Multiples of America also assists researchers, physicians, education professionals, and other multiple-birth organizations worldwide in completing research. Some of the organization’s latest research partnerships seek to gather information concerning multiples and ESP, pairs of a different color, and parental leave guidelines.

So how much of “The Parent Trap” is reality? Multiples of America research found that of the parents surveyed over 80% felt having multiples increased or greatly increased the stress in their marriage, with the highest amount of stress being in the first six weeks after the multiples’ birth. So, yes, relationships can begin to crumble under the stresses of sleepless nights and crying babies.

However, surprisingly, 80% of parents reported that their multiples had never pretended to be their other in class or on a date. So, according to our research, twins switching places is more likely a part of a movie plot than real life.

Multiples of America maintains an archive of all the surprising results uncovered through research surveys conducted by the organization and a few outside researchers. Members can access a listing of those reports, and the results of any of those 133 studies by request from the organization’s website, www.multiplesofamerica.org

Multiples of America (also known as the National Organization of Mothers of Twins Clubs, Inc.) is a 501 (c) 3, non-profit organization dedicated to supporting families of multiple birth children (*twins, triplets and higher-order multiples*) through support, education, and research. *Founded in 1960, the organization serves nearly 6,000 members in more than 130 clubs across the country. For more information about the organization, its services, and benefits, contact our Executive Office, at info@multiplesofamerica.org*