

## NEWS RELEASE

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### Multitales Tell Stories of Raising Twins, Triplets or More

**Franklin, TN** - Parents of twins, triplets, or other multiple birth children share many things in common, but each one also has a unique story. That story might touch on a difficult pregnancy, their babies' stay in the NICU (Neonatal Intensive Care Unit), or challenges during the school years. For parents who are members of Multiples of America, the stories also include tales of support and friendship from their connection with a local chapter or the national organization.

Multiples of America has spent the last year collecting those stories of multiple parenthood, which are labeled as *Multitales*, from its members. The Multitales follow parenting through all ages and stages and celebrate the strength of family and friends.

Some Multitales, like the one from Bea Reynolds from Florida, tell the story of surprising an older child with twin siblings.

*"Our five-year-old was prepared for a baby, but when we brought home two babies (twins) said, "Why didn't you tell me? I only wanted one!" she said.*

Others, like Carol Medina of California, share the overwhelming emotions of caring for newborn twins.

*"My bags were packed until my husband called the local club for help. I had three kids under one. I went to my first meeting and now I've been a member for 33 years," Carol said.*

Diane Graves of Missouri also describes that power of a club connection during difficult days of parenting newborn twins in her Multitale.

*"I'll never forget when I was overwhelmed with breastfeeding my twin boys and a group from my local club swooped in, dropped off meals, did our dishes and laundry and even played with my daughter for a bit. It was such as relief and I was so grateful," Diane said.*

Pam Krell of Ohio outlines how that support and connection from fellow club members grows over the years of raising multiples.

*"I cannot imagine my life without these awesome women who support each other in good times and through the more challenging times we travel throughout our life," said Pam.*

Whatever the season of parenting, Multiples of America's Multitales are a testament to the unique joys and challenges of raising twins, triplets, or more, and the power of the personal connections built through Multiples of America and its local chapters.

Follow Multiples of America's public Facebook page to read more Multitales or find further information about the organization's services and benefits. <https://www.facebook.com/MultiplesofAmerica>

**Multiples of America (also known as the National Organization of Mothers of Twins Clubs, Inc.)** is a 501 (c) 3, non-profit organization dedicated to supporting families of multiple birth children (*twins, triplets and higher-order multiples*) through support, education, and research. *Founded in 1960, the organization serves nearly 7,000 members in more than 150 clubs across the country. For more information about the organization, its services, and benefits, contact our Executive Office, at [info@multiplesofamerica.org](mailto:info@multiplesofamerica.org)*