

NEWS RELEASE

FOR IMMEDIATE RELEASE

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Contact: Dawn Keller, Executive Director

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Franklin, TN – Multiples of America has reached another milestone in its work to provide resources for all the ages and stages of parenting twins and other multiple birth children. They have developed an Expectant Parent Toolkit aimed at helping parents with all the questions, preparations, and challenges that come with expecting multiples.

This member-exclusive resource is a mix of print, video, one-on-one interviews, tips, and other information. It includes publications specific to parents who have multiples in the Neonatal Intensive Care Unit (NICU) or who are expecting triplets, quadruplets, or more. There is also a link to a video interview with a couple whose twins spent time in the NICU, and links to resources on nutrition and postpartum depression.

The Expectant Parent resource is just one of three toolkits Multiples of America has recently crafted for members. Other toolkits are filled with materials specific to education of multiple birth children and building a dynamic local chapter.

In addition to the toolkits, Multiples of America publishes brochures, booklets and Tips Sheets to address the needs of families and clubs through the years. A bi-monthly organizational publication, *Multiple Connections*, also includes feature articles and information specific to parenting joys and challenges.

All materials can be viewed or downloaded by members through a special Members Only portal on the organization's website. For more information about the resources or membership in Multiples of America, check out the website at: www.multiplesofamerica.org

Multiples of America is a 501 (c)(3), non-profit organization, with over 130 local clubs nationwide, representing nearly 6,000 members. The organization is primarily funded by member dues, donations and grants. They partner with local support groups, health care providers, researchers, and educators as a part of their work as they endeavor to aid parents of multiples and to raise public awareness of the unique qualities of multiple birth children.