



## NEWS RELEASE

FOR IMMEDIATE RELEASE

February 1, 2023

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### **Multiples of America Gathers To Dream BIG For Its 62<sup>nd</sup> National Convention In Orlando, FL**

**Franklin, TN** - Multiples of America (also known as the National Organization of Mothers of Twins Clubs, Inc.) is planning to Dream BIG during its 2023 annual meeting. The 2023 Convention will be held July 27-29, 2023, at the Drury Plaza – Disney Springs in Orlando, FL.

The convention, hosted by Multiples of America, will bring many parents and caregivers of multiples from around the nation. The purpose of the convention is multifaceted, but pragmatic in nature due to the unique needs of families of multiples. Being a mother, parent and/or caregiver to multiples has both its unique challenges and countless rewards. Therefore, each year, Multiples of America holds its annual meeting as an opportunity for members to: hear thought-provoking speakers, network with long-standing and new clubs, participate in enlightening and motivational workshops as well as attend to the business of the organization. It also provides the opportunity to reacquaint with friends from conventions past, create new friendships, and to renew one's spirit.

Central to its mission, Multiples of America supports expectant and new parents as they cope with the distinctive, often overwhelming, challenges in raising multiples. Challenges can include day-to-day care, as well as the medical, emotional, financial, and educational issues that often arise – not just in the early years, but into toddlerhood, school years, and beyond. Multiples of America also provides an abundance of scientific and medically-based research in excess of 200 studies for the purpose of informing and educating parents and caregivers on conditions that may be more frequently experienced with multiple births.

Newly released data from the Centers for Disease Control (CDC) continues to provide a context for the validity of the need for a support organization such as Multiples of America. This 2022 CDC data records around 31 twins per 1,000 births. While this is the lowest rate since 1990, the decline is statistically small over recent years. The data also points out that 54% of twins charted low birth weight and 59% were born preterm.

Truly a unique forwarding-thinking organization, the Multiples of America board of directors, Events Committee and members, whether in attendance at the convention or not, are inspired and motivated by advancing the mission of the organization. Members who have a critical need for information, guidance and support during the early years of their children's birth and growth continue the spirit of the organization through volunteering and helping other multiples families day-in and day-out. In an often-self-focused culture in today's world, the mission, attitude and volunteers of an organization such as the Multiples of America remains essential to raising happy, healthy and successful generations of multiple birth children.

For more information on Multiples of America, visit [www.multiplesofamerica.org](http://www.multiplesofamerica.org)

**Multiples of America (also known as the National Organization of Mothers of Twins Clubs, Inc.)** is a 501 (c) 3, non-profit organization dedicated to supporting families of multiple birth children (*twins, triplets and higher-order multiples*) through support, education, and research. *Founded in 1960, the organization serves nearly 7,000 members in more than 150 clubs across the country. For more information about the organization, its services, and benefits, contact our Executive Office, at [info@multiplesofamerica.org](mailto:info@multiplesofamerica.org)*